# ELLINGTON TOWN CRIER

## A SENIOR CENTER NEWSLETTER

Erin R. Graziani, Director Noreen Staiger, Assistant MaryAnne Mandell, Receptionist Van Drivers: Jeanne Magurany Clay Farnham and Paul Sawyer

Greetings from the Director, What an outstanding show, our Harvest Moon Revue! We raised \$10,000

towards a new senior center!

Sincere appreciation and thank you to the community, sponsors, patrons, volunteers and performers!! Special acknowledgement to Mr. Prenetta and his students in Opening Knight Players and the custodial staff at EHS. We are hearing only wonderful raves about the whole production!! I must say, Noreen Staiger, what an actress! Noreen, Rose Parent and Pat Stoughton out did themselves with their performance. Thank you everyone!

Happy Thanksgiving.....

Blessings to all....
Sincerely,

Erin R. Graziani



**TELEPHONE 870-3133** 

# NOVEMBER 2005

# OUT TO LUNCH:

Date: Nov. 1, 2005 Time: van leaves @ 11:15 Restaurant: George's Restaurant in Vernon

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Musical Insights-Takes
place at the Senior Center,
6-8 pm Nov. 14: Choral
Music by Mary Regan
Nov. 30: Blue Grass by
Carolyn Cook

Access Town Crier News & Calendar -Town's website: www.ellington-ct.gov click "Our Town News" (blue column), select "newsletter"

**VAN NEWS:** Please sign-up for transportation with the Receptionist, if you wish to take the van.

To reserve a ride, please call (870-3133) at least 3full business days in advance. We can not honor requests for rides left on the answering machine. First time riders, must fill out "Intake" form prior to your ride.

### **Ellington Medical Transportation Services (EMATS)**

Transportation services for non-emergency medical appointments for Ellington residents. For reservations call Senior Center Director, Erin Graziani at 870-3133 at least 2 weeks in advance. Program is funded in part by the Older Americans Act through the North Central Area Agency on Aging.

# FRIENDSHIP CLUB NEXT MEETING DATE IS FRIDAY, DECEMBER 9 AT 10:30

# Ellington Senior Center 16 Church Street

Monday: 8:30 am to 6:00 pm Tues-Thurs: 8:30 am to 4:00 pm Friday: 8:30 am to 1:30 pm

OPENING KNIGHT PLAYERS
Ellington High School Drama
Society Presents:
Silenced on Barbour Street

Nov. 10, 11, 12 at 7:30 p.m.
(an original work based on the
Hartford Circus Fire)
Free Admission for Senior Citizens
Matinee performance on Nov. 10 at
Noon with van transportation
Sat. Nov. 12 at 7:30 p.m. van

transportation.

FLU CLINIC - NOV. 10, 2005 at Ellington Middle School 9:00 a.m.—11:00 a.m.

Only accepted forms of payment is Medicare Part B, Anthem Blue Cross & Blue Shield, or cash. You must call the Senior Center at 870-3133 to schedule your appointment time. Registration is required prior to the clinic.

# MEMORIES & CREATIVE WRITING WORKSHOP

Wed. Nov 2 @ 1:00

### **Special Presentation**

Hall Memorial Library Friday, Nov. 18, 2005 7:00 p.m.

Come and enjoy an evening of listening pleasure as the group tells their stories and receive our second edition of "Our Memories" booklet

#### **HEALTH & WELLNESS NEWS**

#### **Blood Pressure Clinics and Diabetic Screening:**

⇒ Blood pressures 2nd & 4th Tuesday from 1:30-3:00 p.m. Diabetic Screenings

"New For You" Exercise class every Monday from

9:00 to 10:00 a.m. beginning November 7. First class free.

Classes \$3.00 for residents; \$4.00 for non-residents.

Instructor: Alcyone Brennan

Tai Chi Sword, 24 and Fan: Every Monday beginning with Sword at 10:45 a.m.., followed by 24 and Fan at 11:30 a.m. Cost: \$3.00 for residents; \$4.00 for non-residents. Ed Evans, Instructor.

Dancing; Line Dancing: Wednesdays:1:00-2:30 p.m. Dot



Willis, instructor. Oberek, Advanced Polka, Waltz and Ballroom Dancing: Wednesdays: 2:30-3:30 p.m. Ballroom Dancing: Fridays:1:00-2:00 p.m with Del and Raelene Bingham.

#### CENTER SCHOOL KIDS WELCOME TO THE SENIOR

CENTER on Monday, November 14 from 10:00-10:45 a.m. students in Mrs. Marshall's 2nd grade class will share their poetry with us.

Topic: Fall Poems.

Everyone is welcome to join in!

#### **VETERAN'S NEWS:**

The American Legion Auxiliary members bring lap robes (size 40x80) to the V. A. Hospital. Anyone who would like to make a robe for the Vets, please contact Erin at the Senior Center. (870-3133)



#### **Veteran Contacts:**

VFW- Jim Stemmerman, Commander @ 872-3446 or Services Officer Morris Webber @ 875-2613

American Legion-Leonard Johnson Services Officer @ 871-1498 State Representative Ted C. Graziani @ 240-8531



# THE BOOK CLUB



Our feature book is Eden Close by Anita Shreve at the Senior Center on Tuesday, Nov 15 @ Noon



**MOVIES OR MALL-Tues. Nov. 8. Movie:** Sun Valley Serenade with Sonja Henie and Glenn Miller.

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No van transportation due to rides to EHS for Voting.

VOTING DAY - NOVEMBER 8, 2005 at Ellington High School and Crystal Lake School van rides during the day, call the senior center by Nov. 4 to reserve a ride.

#### **BETTER AGE CLUB**

Meetings take place at the Senior Center on the second and fourth Thursday of the month 1:00 p.m.

November 10:

State Representatives Ted C. Graziani and Clare Janowski

Van transportation available by calling the Senior Center the Monday before the event.

### The Better Age Singers\_3

Every Wednesday 10:30-11:30 am At the Senior Center Van transportation available

# "NEW FOR YOU"

**Exercise Class** 

Mark your calendar! A new aerobic class is on its way with our friend Alcyone Brennan. Classes begin November 7, 2005 9:00 a.m.—10:00 a.m. at the Senior Center Cost \$3.00 for residents; \$4.00 for non-residents. Pay as you attend. The first class is free. Instructor: Aclyone S. Brennan, L.M.T. Certified Exercise Specialist for Older Adults- School of Allied Health Professions-University of Connecticut.

### THANK YOU PARTY TO MARYANN E. ALLCROFT Thursday, Nov. 17, 2005 At the Senior Center at 12:30 p.m.

For the past 2 years Maryann has been gracing us with her beautiful piano music and an outstanding performance at the Harvest Moon Revue. She is leaving for her beloved Vermont. We will miss her.! Join us for a light lunch as we bid Maryann best wishes! Please refer to the sign-up sheet for specific details. Limited seating.



The Bridge Players: Tuesdays @ 9:15 a.m.; see Pat Szemplinski or Rosemary Malatesta. Evening Cards: Setback: Tuesdays & Saturdays at 7:00 Pinochle— Double Deck Pinochle: Every

Friday at **6:30 p.m.**, See Bob Karlowicz.

Games Night: The first Monday of every month @ 6pm; see Joan Randall.

**Mahjongg:** Come join in the fun! Every Monday @ 3pm and every Friday @ 10:00 a.m., see Sylvia Kravitz.

### **Thanksgiving Dinner**

Monday, November 21, 2005 at Noon. Turkey and the fixings, rolls, beverage and pumpkin pie for \$8.00/person due at sign-up. Sign-up by Nov. 14

#### THE CRAFTY CORNER

Lucille's Knitting: 2nd, 3rd and 4th

Tuesday @ 2pm

Rose Parent's Sew & So: 1st and 3rd

Thursday @ 9:30 a.m.

Carolyn's Crafts: 2nd and 4th Thursday @ 10:00

Denise's Block Style Knit: Every Monday @ 2pm

#### THE BOCCE 2005 SEASON

Had a very successful year. See all of you in the Spring.!! - Mary Bertelson

### DICK PILLAR'S AQUA TURF **CHRISTMAS PARTY**

Tues. Nov. 29; 10:30-3:30 pm Cost \$31.00/person due @ sign-up. Van transportation.

**ELDERLY OUTREACH SERVICES:** Contact Anna L. Turner,@ 870-3131 for information on programs and services for residents age 60 and older. Veteran's Benefits Presentation, Nov. 3 from 2-3:30pm at the Senior Center. A representative from the CT Dept of Veteran's Affairs will be the guest speaker. You must register for this program by calling Anna L. Turner @ 870-3131 by 11/1.



A non-refundable \$10.00 deposit is required at sign-up for all trips. If a deposit is not made, you will be placed on the waiting list. A "Medical Waiver" form for 2005 (gold color) is required.

New as of Aug. 1, 2005: Payments will be received daily at the Senior Center. Tuesday and Wednesday from 2:00-3:30 p.m., will be designated only at deadline dates for that particular trip.

Parking available at Town Hall for bus pick-up and drop off (at Maple St. entrance). Please be at the pick-up site 15 minutes before departure time posted on each trip. For more information on the trips, call the Senior Center (870-3133).

**Comedy Casino—The Carl Hurley Show:** Tuesday, November 15, 2005; down home humor of Carl Hurley, The Charlie Prose of the South. His upbeat outlook has carried him from a two-room backwoods cabin in Kentucky to the Grand Olde Opry Stage. Itinerary 10 a.m. arrival at Garde Arts Center, for the show. Noon arrival at Mohegan Sun Casino, full buffet, casino bonus \*\$10 in free play coupons, subject to change. Depart from Town Hall parking lot at 8:30 a.m. and return approximately at 6:30 p.m. Cost \$40.00/person.

ATLANTIC CITY JANUARY 2006: Tuesday, January 24– Thursday, January 26, 2006 \$20.00 cash bonus, two \$15.00 brunches & \$20.00 Casino show; includes deluxe accommodations At the Tropicana Casino. Flyers available at the Senior Center.

Cost \$145.00/person for double occupancy. Please fill out new waivers for 2006!!